

Pregnancy Medicaid in Texas — Printable Checklist

2026 income limits • required documents • application steps | texashealthhelp.com

1. Check your income (2026, 198% FPL)

Household size (count your unborn baby)	Monthly gross income limit
2 (you + baby)	\$3,571
3	\$4,508
4	\$5,445
5	\$6,382
6	\$7,319
Each extra person	+ \$937

Pregnant women count as 2+ (you and your unborn baby). No asset or resource test. No credit check.

2. Gather your documents

- ☐ Photo ID (driver license, state ID, or passport)
- ☐ Proof of pregnancy from a doctor, clinic, or midwife (with due date)
- ☐ Proof of Texas residency (lease, utility bill, or mail with your address)
- ☐ Social Security number, or proof you applied for one
- ☐ Proof of income: last 30 days of pay stubs, or an employer letter
- ☐ If self-employed: last year's tax return or a profit/loss record
- ☐ Immigration or citizenship documents (if applicable — CHIP Perinatal covers others)
- ☐ Names, dates of birth, and SSNs for everyone in your household

3. Apply — step by step

- ☐ Apply online at YourTexasBenefits.com (fastest) — create an account first.
- ☐ Or call 2-1-1 (choose option 2) or 1-877-541-7905 for free help by phone.
- ☐ Or apply in person at a local HHSC benefits office, or mail Form H1205.
- ☐ Submit your proof of pregnancy — this is the #1 reason applications stall.
- ☐ Upload income proof within 10 days if the state asks for more information.
- ☐ Complete a phone interview only if HHSC requests one (usually not required).
- ☐ Watch for your decision letter — most pregnancy applications decide in 15–45 days.
- ☐ Once approved, pick a health plan and schedule your first prenatal visit.

4. After you're approved

- ☐ Coverage can be backdated up to 3 months before you applied.
- ☐ You keep coverage through pregnancy plus 12 months postpartum.
- ☐ Report address, income, or household changes right away.
- ☐ Your baby is covered automatically at birth — report the birth to HHSC.

Need help? Community Health Access Hub — texashealthhelp.com

info@texashealthhelp.com • 711 Mudd St, Coldspring TX 77331 • ¿Necesita ayuda en español? Llame al 2-1-1.